

# HELP MAKE SURE YOUR TEEN IS PROTECTED FROM MENINGITIS B

Meningococcal Group B disease (MenB) is rare but potentially deadly. Discuss MenB vaccination with your teen's doctor.



## MAKE THE MOST OF YOUR APPOINTMENT

When you go in for an office visit or a flu shot to help protect your teen from another vaccine-preventable disease, **ask their doctor: Is my teen protected from all common forms of meningococcal meningitis?**

Men **A C W Y** + Men **B**

The CDC highlights several vaccinations for 16-year-olds on the immunization schedule: **MenACWY, MenB, HPV, and flu.**

## IS YOUR CHILD AT RISK FOR MenB?

Certain ages may be at increased risk, and the following **typical adolescent and young adult behaviors** can spread the bacteria that cause MenB.



Is your child between the ages of **16 and 23**?



Does your teen **share cups or utensils**?



Does your teen plan to **live in close quarters** like in a **dorm or at camp**?



Does your teen **play sports or other group activities**?



Does your teen have **close contact** with other teens, like **kissing**?

If you answered **yes** to any of these questions, your child **may be at increased risk** for this rare but devastating bacterial infection.

## THE MENINGITIS VACCINE (MenACWY) TEENS MAY RECEIVE AT 16 DOES NOT COVER MenB

Two different vaccines may be needed to fully vaccinate teens against meningococcal meningitis.

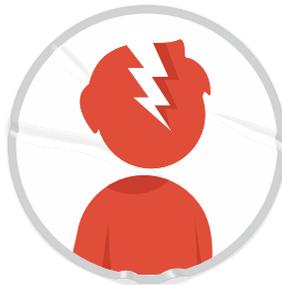
# MAKE SURE YOU KNOW IF YOUR TEEN IS PROTECTED FROM **MenB**

## WHY IS PROTECTION IMPORTANT?

**MenB** is uncommon, but the consequences **can be severe**. It progresses quickly and can lead to **death within 24 hours**. For those who survive, MenB can cause permanent disabilities including:



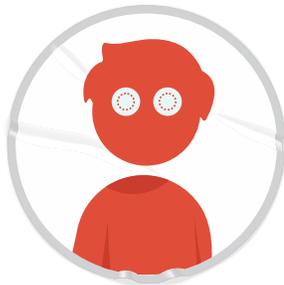
**Hearing loss**



**Brain damage**



**Speech problems**



**Vision loss**



**Amputation and motor impairment**



**Skin scarring**

In adolescents and young adults, the incidence of MenB **peaks at age 19**, so if your child is **between the ages of 16 and 23** they may be at higher risk.



**ASK YOUR TEEN'S DOCTOR AT THEIR NEXT CHECKUP OR IMMUNIZATION VISIT:**

Is my teen protected against **all common forms** of meningococcal meningitis (**MenACWY + MenB**)?